

LH

Hand Sewing Progression

Large Motor

Fine Motor

Progression	1	2	3	4	5
Needle	Pointer Pincher	Pipe Cleaner	Large-Eyed Plastic Needle	Embroidery Needle	Embroidery Needle #22
Thread	Fabric Strips	Chunky Yarn	Fine Yarn	Crochet Thread	Crochet Thread
Sewing Guidelines	Pencil Punch Holes	Hole Punched	"Freely Follow a Line"	Follow Dots (Stitch Length)	No Dots!
Material	Cardboard	Cards/Paper Plates	Burlap, Gingham, or Lace in a Hoop	Single Layer of Felt	Double Layer of Felt
Projects	Free Style Decorating	Perimeter or Dot-to-Dot Decorating	Embroider Name or Artwork	Felt Bookmarks and Banners	Bean Bags, Pillows, and Softies